



2026 IISE Annual Conference

Operations Research Hackathon

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Big Question:

"How can we optimally staff and schedule a mixed nursing home workforce?"



1

Research

2

Model

3

Verification of Results

4

Next Steps

5

Software Demo

Constraints

- No applicable union rules for Indiana nursing homes
- 8-hour shifts vs. 12-hour shifts
- RN must be onsite a minimum of 8 consecutive hours per day

Other Approaches

- Two-stage stochastic model chosen to separate long-term scheduling from short-term demand response
- Bayesian forecasting used to create new demand scenarios



Motivating Principles



- Repeatable weekly schedule templates ensure staffing consistency and support regulatory compliance
- Quarterly schedule updates balance long-term staffing consistency with regular demand reanalysis
- Recourse staffing through agency/contract nurses provides flexibility during demand spikes without baseline operations

Two template families:

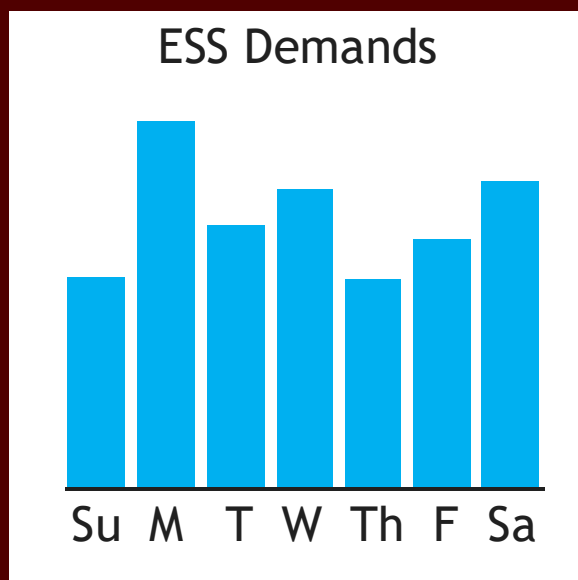
- 12-hour: 3 work days, then 4 days off
- 8-hour: 5 work days, then 2 days off

$Sch = \{Su12, M12, \dots, Sa12, Su8, M8, \dots, Sa8\}$

Example: T8 works Tue–Sat (off Su, Mo)



(Bayesian Forecasting)



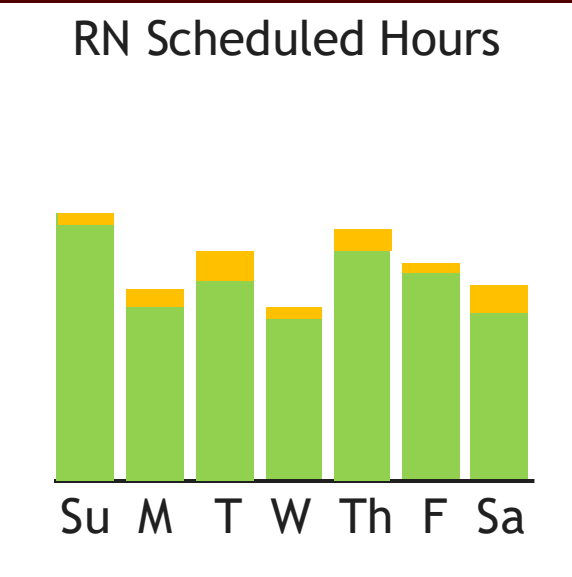
1. Daily patient demands for the selected period are analyzed using 3 forecasting models:
 - Category-Weekday (CW)
 - Global Category (GC)
 - Total-Census Weekday (TC)
2. The results of the analyses are combined into a projected demand for each date in the period
$$\text{Projected Demand} = 0.75(CW) + 0.25(0.7(GC) + 0.3(CW))$$
3. Projected patient demands are collapsed into AMPL-ready quantile-based scenarios

[illegible]

How It Works:

Find Optimal Nursing Schedule

(2-Stage Stochastic Model)



4. Forecasted patient demands are converted to nurse-hour demands for each weekday

[RN,*,*] :	1	2	3	4	5	6	7	8	9	10 :=
Su	65.2	91.4	98.8	104.1	109.5	115.3	121.6	128.0	136.4	149.2
Mo	64.7	90.1	97.5	103.2	108.6	114.0	120.7	127.5	135.2	148.0
Tu	66.0	89.7	96.8	102.5	107.9	113.4	119.8	126.6	134.1	146.9
We	67.1	92.0	99.3	105.0	110.8	116.6	123.2	129.5	137.8	151.0
Th	66.5	91.2	98.6	104.4	109.9	115.8	122.1	128.9	136.9	150.4
Fr	63.8	88.5	95.9	101.2	106.7	112.0	118.4	125.1	132.5	145.8
Sa	64.9	89.3	96.5	102.0	107.5	113.2	119.6	126.0	133.9	147.1
;										

5. A cost-minimizing 2-Stage Stochastic Model identifies the most cost-effective scheduling scheme for meeting demand

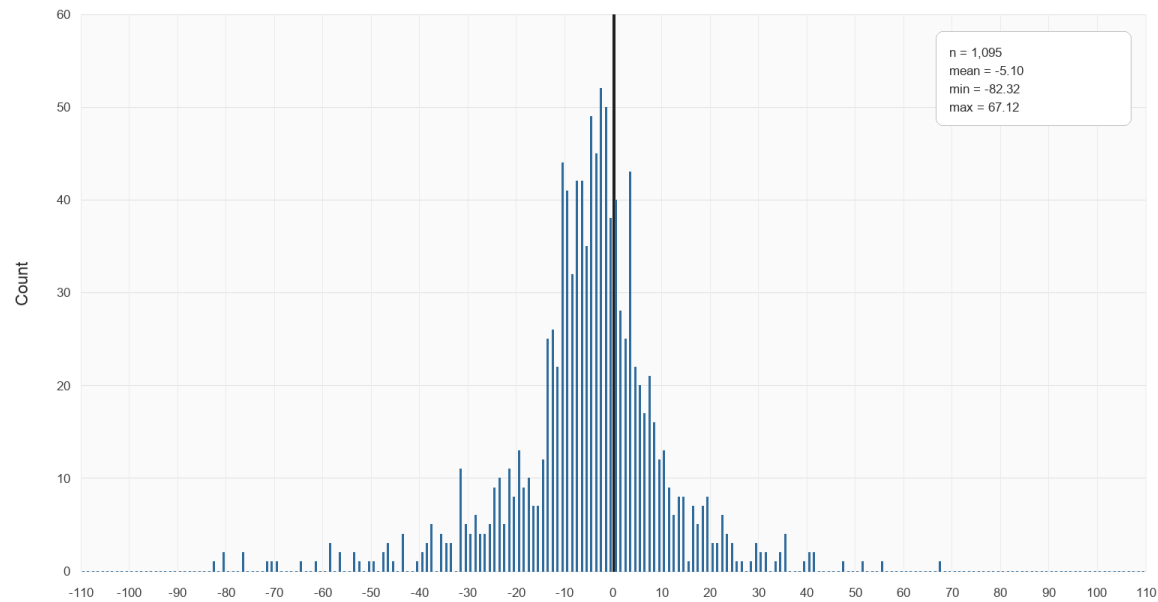
$$\min (\text{full-time staffing costs} + \text{contract staffing costs})$$

6. The optimal first stage variable $x[t, d]$ represents the schedule for full-time nurses that should be implemented

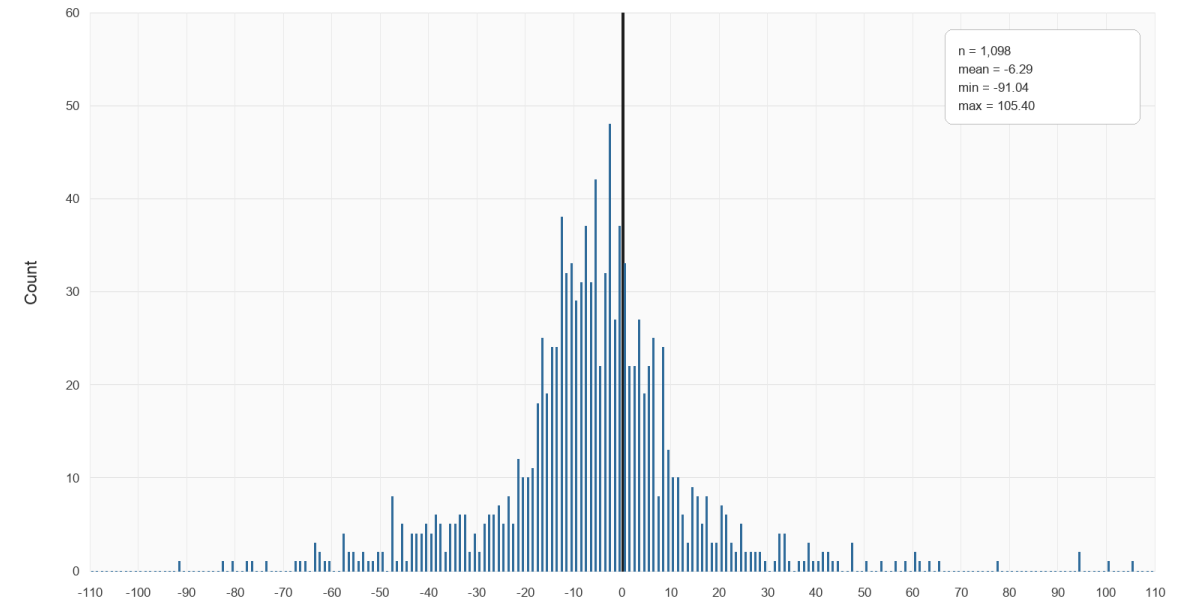
Validation + Performance



Existing Demand Delta Histogram



Synthetic Demand Delta Histogram

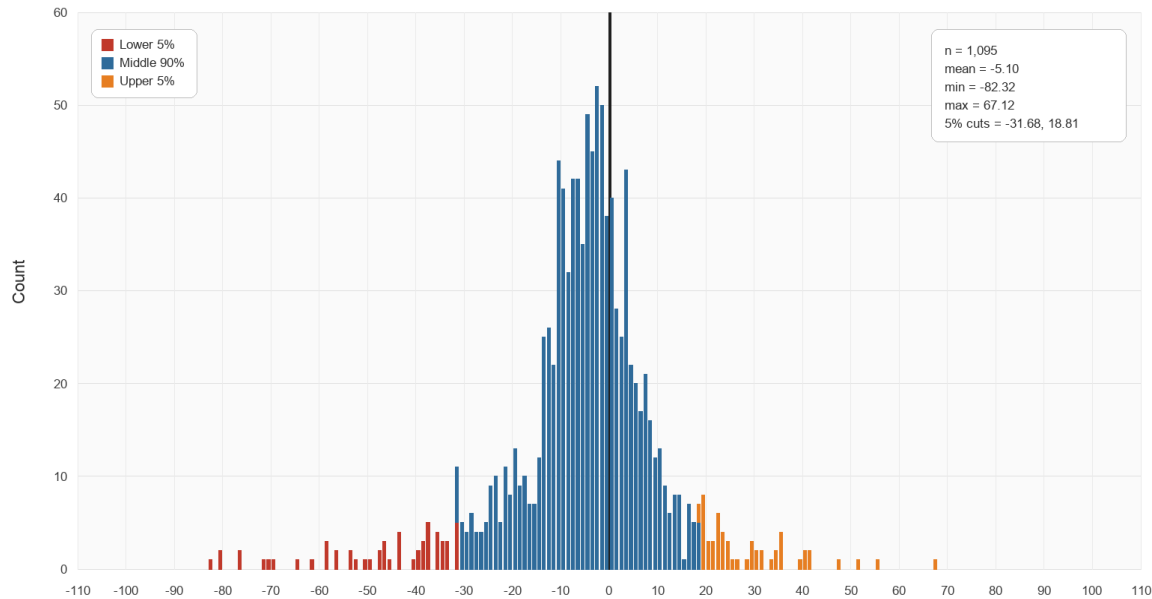


Validation + Performance



Total Staffing Costs: \$5.33M

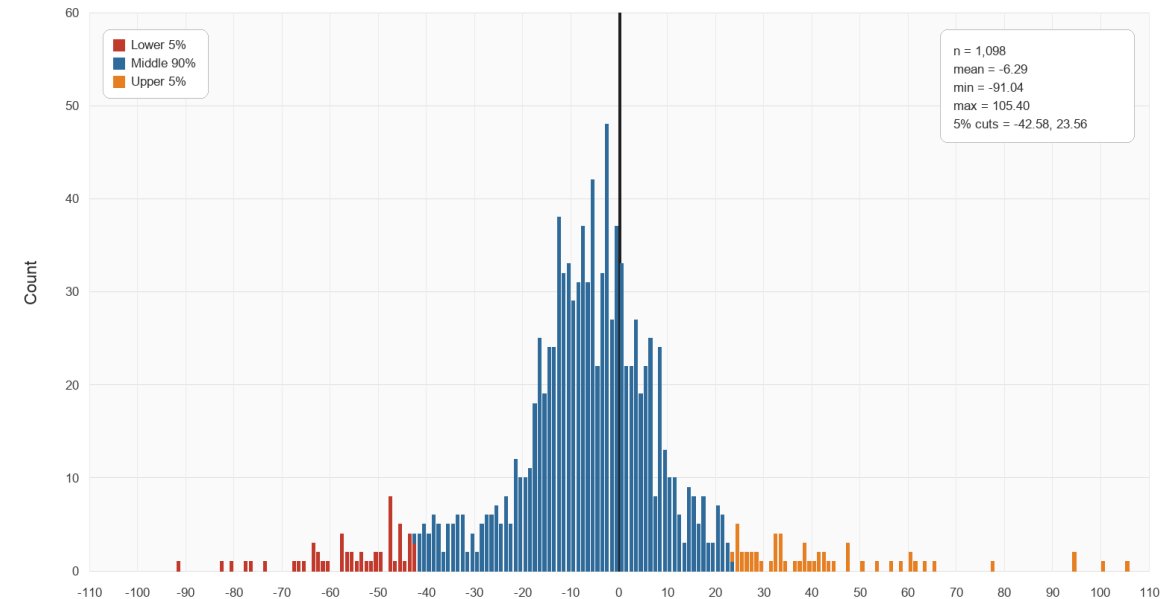
Existing Demand Delta Histogram



Total Tail Costs: \$117k
2%

Total Staffing Costs: \$5.08M

Synthetic Demand Delta Histogram



Total Tail Costs: \$151k
3%

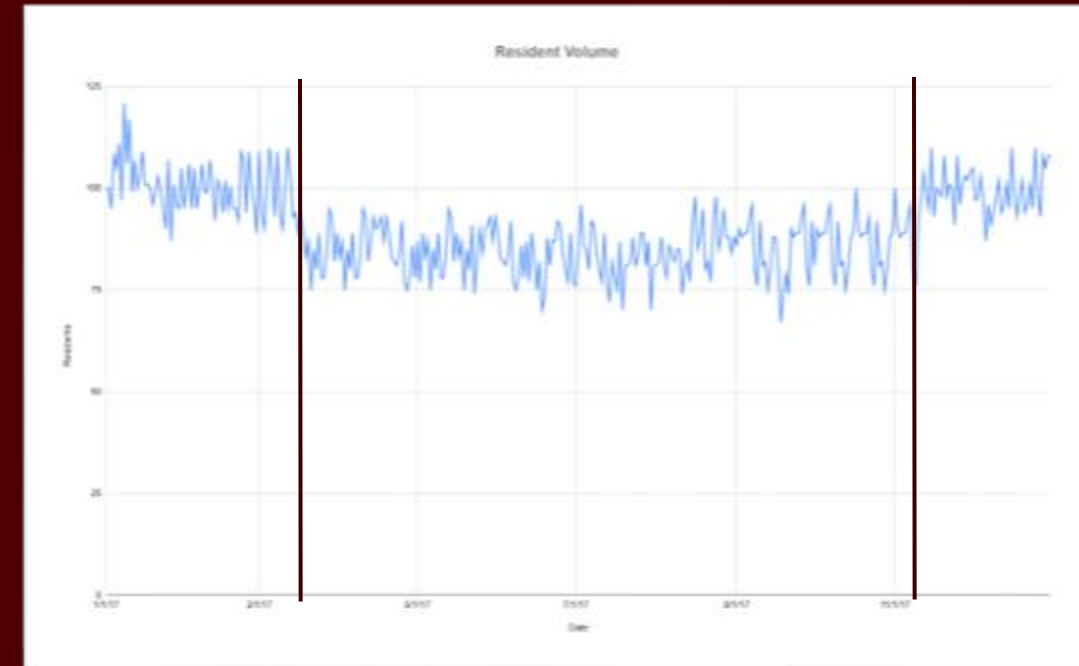
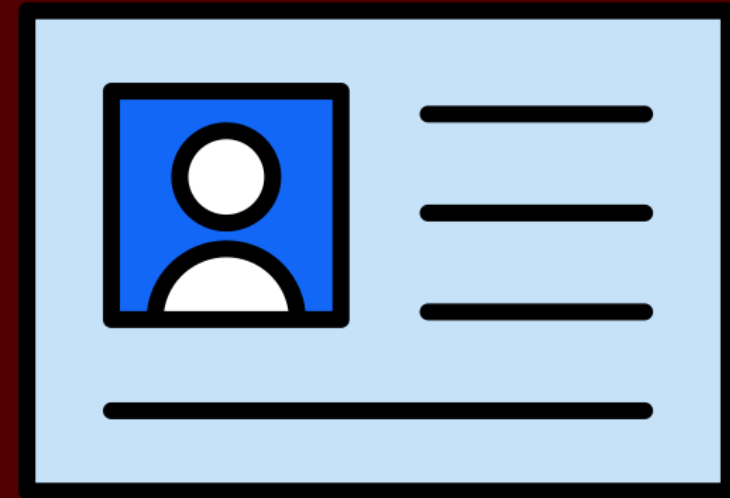
Next Steps

Nurse & resident ID Tracking

- Track nurse-resident interactions
- Quantify caregiver continuity & familiarity to strengthen relationships
- Enable resident-level assignment optimization in future model extension

Data Quality & Demand Accuracy

- Collect clearer operational data independent of legacy staffing practices
- Remove bias caused by historical understaffing / overstaffing patterns
- Improve forecasting accuracy for stronger recommendations





Software Demo